

Power of Community

February 19, 2010 post-film discussion

Films of Vision + Hope

2/19 Reflections

- ♦ Whole Country could go back to organic farming
- ♦ Rational response to crisis
- ♦ Electric bike looks easier
- ♦ Struck by the no homeless problem
- ♦ Free healthcare! more universities!

- ♦ How incredible - they transformed their food industry!
- ♦ Notion of listening to the animals - your pace needs to change
- ♦ Hope - people can respond to crisis
- ♦ People rallied together during WWII
We haven't had such a crisis - in NY they rallied during the snow storm
- ♦ We haven't been called to crisis as a group rather - "Go Out + Shop"
People want to come together

- ♦ With genetically modified ^{foods} - have we gone too far to turn back?
- ♦ People were talking together with the power outage
- ♦ Liked hearing valuing older farmers in the film
Shift to local farming has been growing
- ♦ Backyard gardening and school gardening ^{↑ rising}
- ♦ Liked how redboing food system helped also with health
- ♦ IS going backwards negative or really positive?
- ♦ Heard that in Cuba the people identified what was really working and then the government followed - learned from the people

Action

- I will share my plums - trade - fruit cycle
- "Please" and "thank you" - I'll be sure to say
- Use our wagon for shopping - opens discussion
- Share + tell supervisor when appreciation service provided
- Do for each other - (say)
- Go for local walks + build community
- "Stop n chats"

- ♦ How to we generate a sense of crisis to change:
Answer maybe is to make it more alluring
Leadership ground up + mentoring
- ♦ Talk to people about your ideas!
Social ties + networks increase happiness ☺



Connection